Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Friday 05 Aug 2022 until 23:59 on Saturday 06 Aug 2022

Forecast Issued on Thursday 04 Aug 2022 at 16:21 by Met Office Aberdeen

Confidence: Generally high. The main uncertainties around the chance of cloud breaks on Sunday and early next week.

Headline for Friday 05 Aug 2022: Bright or sunny spells and showers. Cold on the tops.

Mountain weather hazards on Friday 05 Aug 2022

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Low Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Light rain showers (night)	Light rain showers (night)	Light rain showers	Light rain showers	Light rain showers	Sunny intervals	Sunny intervals	Partly cloudy (night)
Precipitation probability							
10%	20%	20%	20%	20%	10%	<05%	<05%

Forecast for Friday 05 Aug 2022

Weather: Scattered showers mainly near the west coast through the early hours, but more widespread by mid-morning. Showers will gradually die out in the afternoon, with the west coast seeing the best of any dry sunny weather. Some late evening sunshine, but clouding over from the west after dark.

Chance of cloud-free hill tops above 800m: 80-90%

Low cloud and visibility: Some patchy cloud on the munro tops around dawn, but soon lifting to leave tops cloud free. Very good or excellent visibility.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
© Crown Copyright 2022. All Rights Reserved.

Met Office Mountain Weather Forecast

Forecast for Friday 05 Aug 2022

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	16/21 W	15/19 W	16/20 W	14/20 NW	16/22 NW	18/26 W	19/27 W	18/25 W	20/26 W
900	16/20 W	15/18 W	15/20 W	14/19 NW	16/22 NW	18/26 W	19/27 W	18/24 W	19/25 W
600	10/14 W	9/14 SW	9/14 W	11/16 W	13/19 NW	14/22 W	15/22 W	12/18 W	12/18 SW
300	4/16 W	4/13 W	4/14 W	5/16 NW	8/19 NW	9/22 W	8/22 W	6/18 W	4/17 W
Glen	4/10 SW	4/9 SW	4/9 W	8/14 W	10/17 W	11/20 W	11/20 W	7/15 W	5/13 SW

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	3/-2	3/-2	3/-2	4/-1	5/0	6/1	5/-0	4/-1	4/-1
900	4/-1	4/-1	4/-1	5/0	6/2	6/2	6/1	5/0	4/-0
600	6/3	6/3	6/3	7/4	8/6	9/6	8/5	7/4	7/4
300	8/7	8/7	9/8	11/10	12/10	12/11	11/10	10/8	9/8
Glen	11/10	10/10	11/11	13/12	14/13	15/13	14/12	12/11	12/11
Freezing Level*	1400m	1400m	1400m	1400m	1500m	1500m	1500m	1400m	1500m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Moderate winds will give a cold feel on higher tops. Note moderate UV levels will still give a risk of sunburn despite cool temperatures.

Forecast for Saturday 06 Aug 2022
Weather: Lowering cloud and outbreaks of rain through the early hours. Then patchy rain through the morning. Drier but still cloudy in the afternoon and evening, although drizzle across western hills, most persistent near the coast. Strong winds will give a notable wind chill.

Maximum wind: West 25-30 gusting 40-45 mph, strongest in the afternoon and evening.

Chance of cloud-free hill tops above 800m: 10-20%, best chance in the east

Low cloud and visibility: Good visibility outside of any low cloud, falling to around 5-10 km in rain or drizzle. Cloud down to around 300-400m in the morning, 600m in the afternoon. Cloud mostly persistent in the west, but a few brief breaks possible in the east during the afternoon.

Temperature: **Glens:** Plus 10 Celsius rising to 15 Celsius
At 800m: Plus 5 Celsius rising to 8 Celsius
Freezing level: Above the summits

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
© Crown Copyright 2022. All Rights Reserved.